

Setup for Wayne Girdlestone



Bike:

Date:

Frame Size:
 Crank Length:
 Saddle Model:
 Shoe Model:
 Cleat Type:

Foot Arch (L):
 Foot Arch (R):
 Wedges (L):
 Wedges (R):
 Spaces (L):
 Spaces (R):

	Before:	After:
Saddle Height	<input type="text" value="74.5"/>	<input type="text" value="74"/>
Setback:	<input type="text" value="8"/>	<input type="text" value="5"/>
Saddle to Bar:	<input type="text" value="58.5"/>	<input type="text" value="56.5"/>
Stem Length:	<input type="text" value="130"/>	<input type="text" value="130"/>
Knee TDC (L)	<input type="text" value="n/a"/>	<input type="text" value="n/a"/>
Knee TDC (R)	<input type="text" value="100"/>	<input type="text" value="104"/>
Knee BDC (L)	<input type="text" value="n/a"/>	<input type="text" value="n/a"/>
Knee BDC (R)	<input type="text" value="30"/>	<input type="text" value="35"/>

	Before:	After:
Bar Height:	<input type="text" value="9"/>	<input type="text" value="9.5"/>
Knee Lat (L):	<input type="text" value="3"/>	<input type="text" value="3"/>
Knee Lat (R):	<input type="text" value="3"/>	<input type="text" value="3"/>
Knee Axle:	<input type="text" value="1"/>	<input type="text" value="1"/>
Hip to Wrist:	<input type="text" value="74"/>	<input type="text" value="72.5"/>
Torso Angle:	<input type="text" value="26"/>	<input type="text" value="28"/>
Armpit Angle:	<input type="text" value="98"/>	<input type="text" value="100"/>

Just trying my old Sella San Marco Concor Light saddle once again...